

Warriors Challenge back for fourth edition

By VIJENTHI NAIR
vijenthi@thestar.com.my

THOSE who wish to test their physical and mental strength, or feel the heat of military training can register for Warriors Challenge 4.0.

National Defence University of Malaysia (NDUM) is collaborating with the Youth and Sports Ministry to organise the fourth military-themed obstacle race on Oct 19.

NDUM vice-chancellor Lt-Jen Datuk Abdul Halim Jalal said they were expecting some 2,000 participants this year.

"Last year, there were 1,200 participants. This year, we are targeting 1,500 for the open category and 500 for the elite category.

"For the 11.2km open category, there will be seven challenges, kicking off with 4km of cross country, crossing a lake, obstacle course, rocky mountain hike, cross the viewpoint challenge, logs challenge and finisher challenge.

"For the 22.1km elite category, participants have to endure nine challenges, namely climbing NDUM hills, crossing the viewpoint challenge, climbing Bukit Besi, 8km cross country, crossing a lake, rocky mountain climbing, logs challenge and the finisher's challenge," he said at the event's soft launch.

Abdul Halim said this was not a common race so it would be a good experience for people who want to get a feel of military training.



Dr Waitchalla signing a plaque at the soft launch of the Warriors Challenge 4.0. Looking on are (from left) Lt-Jen Abdul Halim, NDUM assistant vice-chancellor Prof Datuk Dr Jesbil Singh and Youth and Sports Ministry deputy secretary-general Ramona Mohd Razali.

"Indirectly, the participants will experience the sacrifice and sweat of our military men to maintain the peace in the country," he added.

Youth and Sports Ministry secre-

tary-general Dr Waitchalla R.R.V. Suppiah said she was proud to announce that part of the proceeds and cash sponsorship would be channelled to the Warriors' Fund.

"Sporting activities that promote

patriotism is a good approach to encourage love for the country and its people," she said.

For further details or to register for the race, visit www.warriorschallenge.com.my